

ABSTRACT

225 A yoga mat that may be rolled up tightly and then held
closed by straps, which wrap around and encircle the rolled
up mat. The straps are affixed to the mat by the ends
thereof being sewn to the edge of mat under an attachment
strip, which fits along one entire edge of the mat. A
230 shoulder strap is also attached under the attachment strip
between the two straps, so that the mat can be carried over
the shoulder with both hands and arms free.